

## Things to Remember (pdf attachment)

### *PRIOR TO YOUR SURGERY, PLEASE ENSURE YOU HAVE:*

- ☐ Reviewed the essential cataract information, the educational video, and cataract consent documents carefully
- ☐ Understood the testing and lens options available to you and how they will impact your dependence on glasses after surgery
- ☐ Completed your hospital package including pre-surgery questionnaire
- ☐ Purchased the eye drops you will need before and after surgery
- ☐ Arranged for someone to accompany you to surgery and stay with you for 24 hours afterwards

### *ON THE DAY OF YOUR SURGERY BE SURE TO:*

- ☐ Wear loose fitting clothes
- ☐ Do not eat or drink anything except clear fluids (ie water, tea or coffee without milk/cream) on the morning of surgery
- ☐ Take your medications with a sip of water on the morning of surgery (except diabetes medications)
- ☐ Bring your completed package to the hospital
- ☐ Arrive on time (as indicated on your package)
- ☐ Bring a driver who is prepared to wait or return after 3 hours

### *AFTER YOUR SURGERY BE PREPARED TO:*

- ☐ Take eye drops as directed for 1 month
- ☐ Attend a follow-up appointment by phone within 24 hours and in-person within 2 weeks
- ☐ Avoid travel for the first 5 days
- ☐ Avoid swimming, rubbing the eye and strenuous activity for 2 weeks
- ☐ Update your glasses 1 month after surgery